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The Basics Of Magick

Amber K - Our Lady of the Woods

1. Ethics
    1. The Wiccan Rede
    2. The Law or Return (sometimes called the "Threefold Law")
    3. Perfect Love and Perfect Trust (among partners in magick)
2. The Witches' Pyramid
    1. Faith in your abilities and powers.
    2. Imagination to vividly create in your mind that which you desire to manifest.
    3. Will to achieve your goal despite all obstacles.
    4. Secrecy to keep your magickal intention concentrated and pure.
3. The four Qualities of the Mage
    1. To know
    2. To will
    3. To dare
    4. To keep silence
4. Preparatory Skills (hatha and raja yoga are good aids to developing these)
    1. Cleansing, clearing and stilling
    2. Grounding
    3. Centering
    4. Concentrating ieving one-pointedness)
5. Defining the Goal: Form vs. Essence
6. Working with the Power
    1. Confining it (casting the Circle)
    2. Raising it
    3. Sending it (channeling it)...for immediate effect or into storage
    4. Earthing the excess (grounding it)
7. Systems and Techniques
    1. Spellcraft
    2. Words of Power and affirmations, charms and incantations

3. Dance, postures and mudras
4. Meditation, trancework and hypnosis, fascination
5. Stone magick
6. Candle magick
7. Amulets and talismans; power objects or "psychic batteries"
8. Healing
    1. Psychic (visualization, laying on of hands)
    2. Herbal
    3. Energy channeling with auras and chakras
    4. Color therapy
    5. Other systems listed above
9. Divination
    1. Scrying
    2. Astrology
    3. Tarot
    4. Runesticks
    5. Lithomancy (casting the stones)
    6. I Ching
    7. Other systems
    8. Pendulum or radiesthesia
10. Astral travel
11. Thought forms; wraiths, fetches, artificial elementals
12. Extra-sensory perception
    1. Clairsentience
    2. Clairvoyance
    3. Clairaudience
    4. Precognition
    5. Telepathy
    6. Telempathy
    7. Psychometry
    8. Telekinesis
    9. Teleportation
13. Sympathetic magic (poppets and such)
14. Runes
15. Mediumship, necromancy, and spirit guides
16. Philtres and Poteins
17. Cleansing, purification, protection and blessing; exorcism; ligature, binding
18. Power animals, totems and familiars; shapeshifting
19. Tree magick
20. Dreamcraft
21. Ritual tool magick
22. Invocation, evocation and going into aspect
23. Symbols, sigils and images; Tattvic symbols; numerology
24. Conjuration or summoning; banishing or exorcism
25. Commemoration or linking
26. Past life regression or recall
27. Pathworking on the Tree of Life
28. Ceremonial magic

8. Timing

1. The lunar cycle
2. The Wheel of the Year
3. Astrological conjunctions
4. Planetary hours and days
5. Individual biorhythms

9. Creating your own reality, following your True Will

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